



Essay Requirements Drug and Alcohol Studies

The essay should be submitted on a separate sheet of paper. **It should be typed and double spaced** so that it is easy to read. This set of questions serves two important functions: 1) to help us evaluate the personal strengths you will bring to the learning experience for the Drug and Alcohol Studies Certificate Program; 2) help us to identify the strength of your writing skills.

You do not have to use this topic suggestion; but, you **must** write an essay to be admitted to the program. We believe everyone has had experiences in their life that have been difficult. Think of one such example in your life. **Answer the following questions in at least 500 words.** Be sure to include your name on your essay.

1. What adversity have you overcome in your life?
2. Describe the events that led to the situation.
3. How did you identify that a change was needed?
4. Address the steps taken to resolve the situation.
5. What was the outcome?
6. What have you learned from this experience that will help you in this program?